



YOUNG ADULT BEHAVIORAL HEALTH SERVICES

Sparky Harlan, CEO



www.billwilsoncenter.org

Changing Mental Health Service



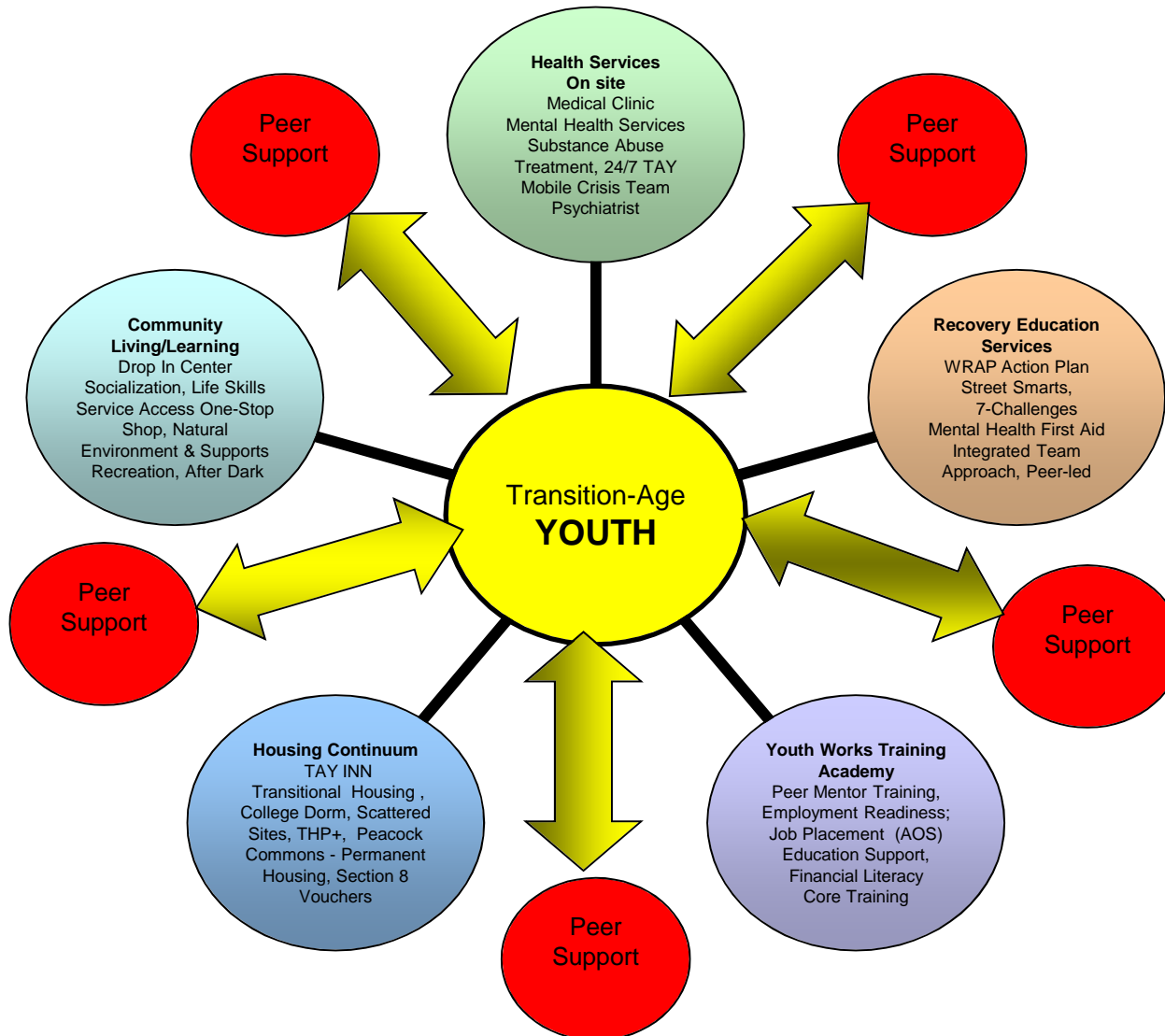
Focus on Peer and Family Support



Wellness, Recovery, Action Plan

- ▶ Many definitions
- ▶ Defined by individual consumer
- ▶ Consists of basic principles
 - hope
 - choice
 - self-determination
 - personal responsibility
- ▶ Finding one's niche in life

Comprehensive Service System



TAY INN, TFCO(Treatment Foster Care Oregon – MTFC)



Recovery

Is not about.....

- ▶ Having no symptoms
- ▶ Work
- ▶ Level of functioning
- ▶ Maintenance and stabilization
- ▶ Medication compliance
- ▶ Coercion and compliance
- ▶ Motivation

Is about.....

- ▶ Managing symptoms
- ▶ Meaningful activity
- ▶ Quality of life
- ▶ Self-sufficiency and independence
- ▶ Lowest dosage
- ▶ Collaboration and having a voice
- ▶ Rekindling hope

References:

- ▶ <http://www.nimh.nih.gov/index.shtml>
- ▶ <http://headspace.org.au/>
- ▶ <http://www.thenationalcouncil.org/>
- ▶ <http://www.tfcoregon.com/>
- ▶ www.billwilsoncenter.org

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