

*This Way Forward*



# Caring for our Aging Homeless Population

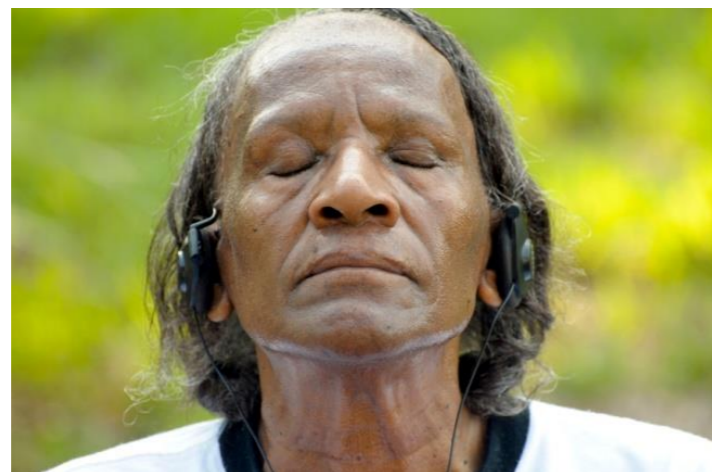
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# Preparing for The Changing Face of Aging in America



**Two- thirds of people in  
human history who have  
reached the age of 65 are alive  
right now!**





# Realities of Aging in Community

- **Consistent preference for remaining at home**
- **Challenges of “aging in place”**
  - **Physical barriers**
  - **Financial barriers**
  - **Loss of social connectedness and engagement**



# Homelessness Among the Elderly

- **Current homeless older population**
- **Increasing potential for homelessness among 65+ population**
- **Solution is service enriched housing options**





# Who Are the Older Homeless?

- **50-64 year olds—younger than typical elderly population**
- **History of homelessness, poverty, drug abuse, mental illness**
- **More comorbidities, ER and hospital use**
- **Lower life expectancy (avg. 64 years)**



# Growth in Older Homeless Population

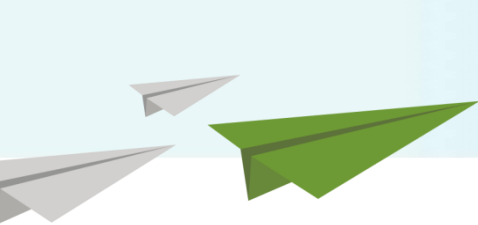
- **2007-2010 increased from 18.9% to 22.3% of all sheltered individuals**
- **Average age 53**
- **Older adults comprise 50% of housing programs for the homeless**
- **% of total homeless population who are older—almost 50%**
- **Increase in % cognitively impaired**



# Potential for Increased Homelessness Among 65+

- **Increase in elderly living in substandard housing**
- **Lack of resources to maintain current housing post-retirement**
- **High housing cost burden not sustainable with greater life expectancy post 65 years**
- **Increased risk for housing-related injuries; increased costs to Medicare and Medicaid**
- **Lack of safe, affordable options (particularly rental)**





# **Solutions to Homelessness Among 54-64 year olds**

- **Expansion of permanent supportive housing options**
- **Deep rental subsidies—congregate settings or vouchers**
- **Significant care management**
- **Evidence-based wrap-around service models rooted in cognitive behavioral and family system approaches**



# Publicly Subsidized Housing Plus Services for 65+ Population

- **Currently housing over 2 million low and modest income older adults**
- **Typical property with limited or no service coordination**
- **Aging of residents requires new strategies and partnerships**



# Seniors in assisted housing are. . . .

Poor	Growing older	Diverse
Median income = \$10,236	Median age (2006) = 74 ≈ 30% 80+	Hispanic = 13%
	Median age (move in) = 70 ≈ 20% 80+	Black = 19%
		White = 56%
		Other = 19%

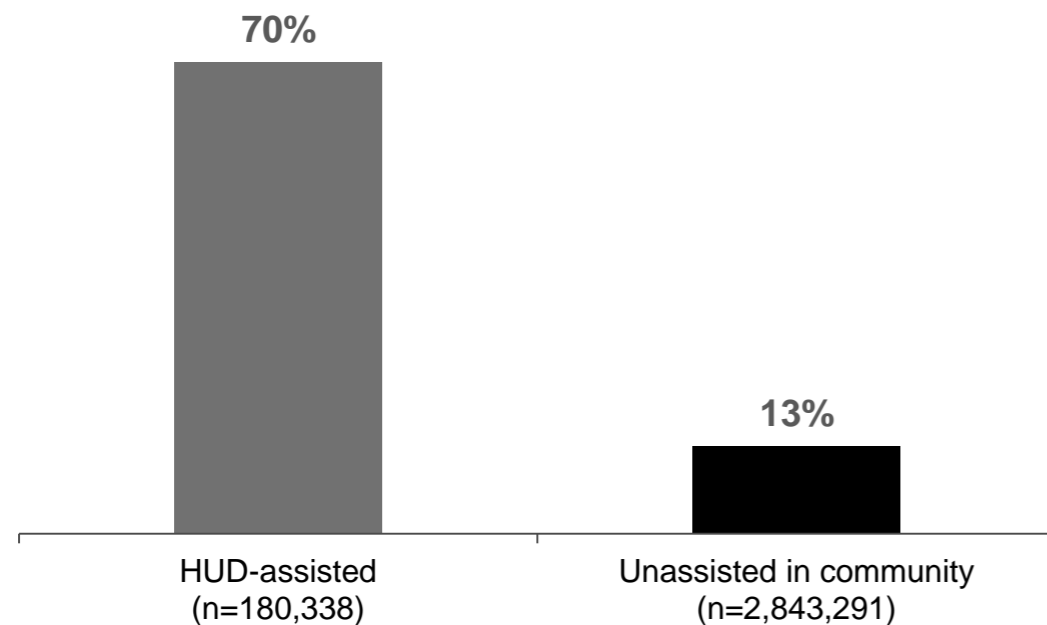


**Chronic conditions and functional limitations more prevalent among advanced ages, lower incomes, minorities**

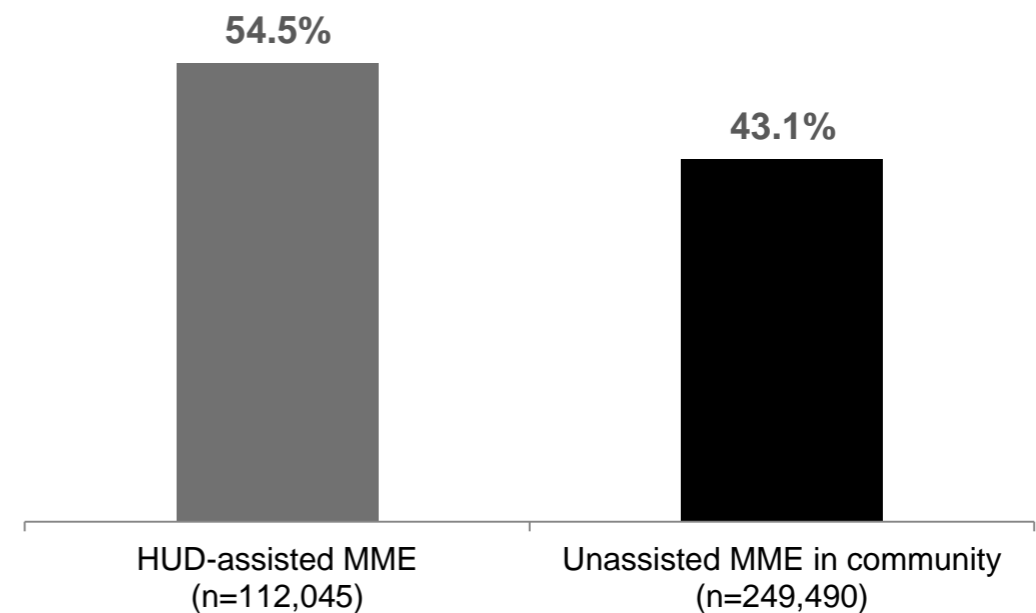
# “A Picture of Housing & Health”

Medicare per member per month (PMPM)	HUD Assisted Medicare Beneficiaries	Unassisted Medicare Beneficiaries	% Difference
	\$1,479	\$937	57.8%

Proportion of Medicare beneficiaries dually enrolled in Medicaid

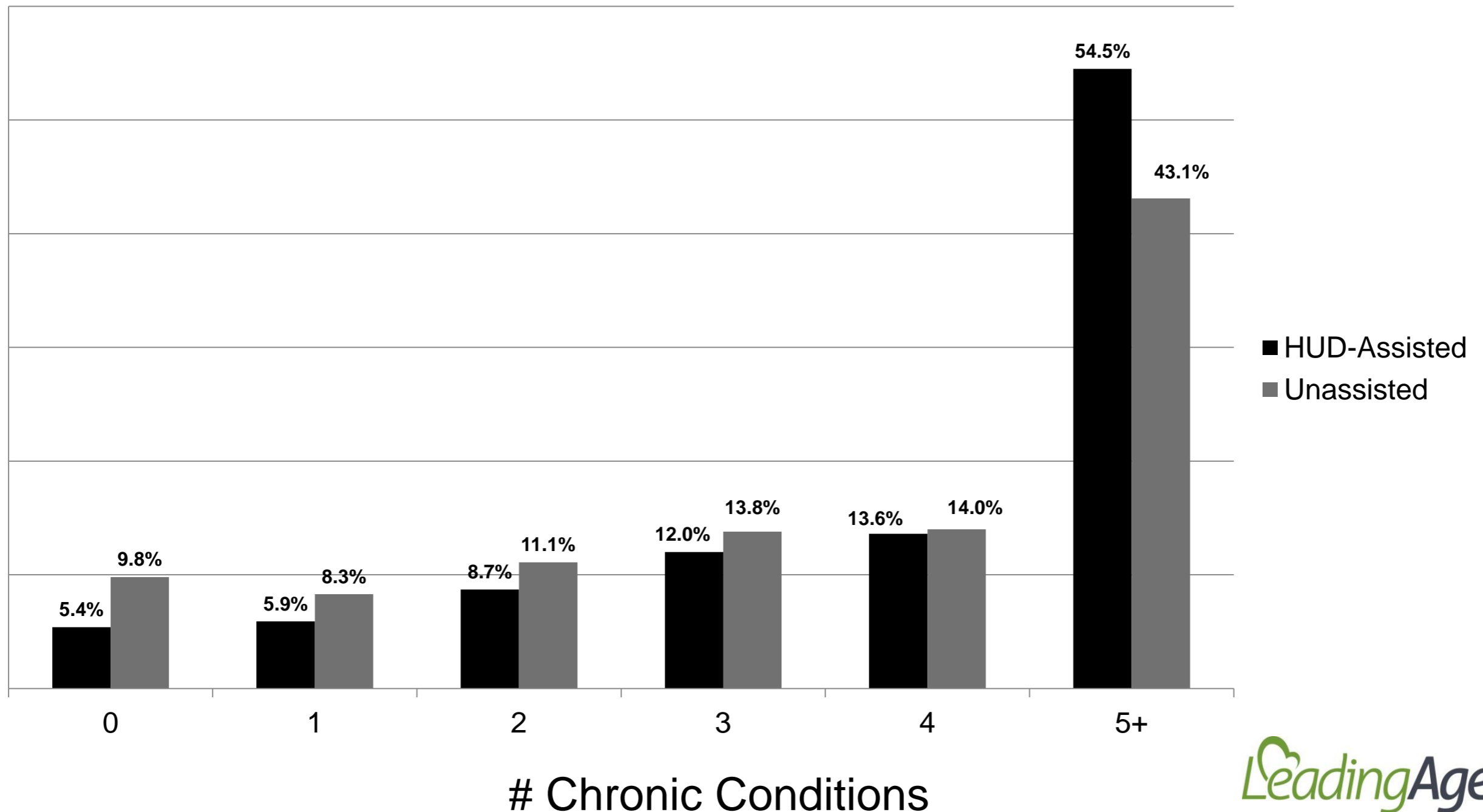


Proportion of Medicare-Medicaid enrollees (MMEs) with 5+ chronic conditions

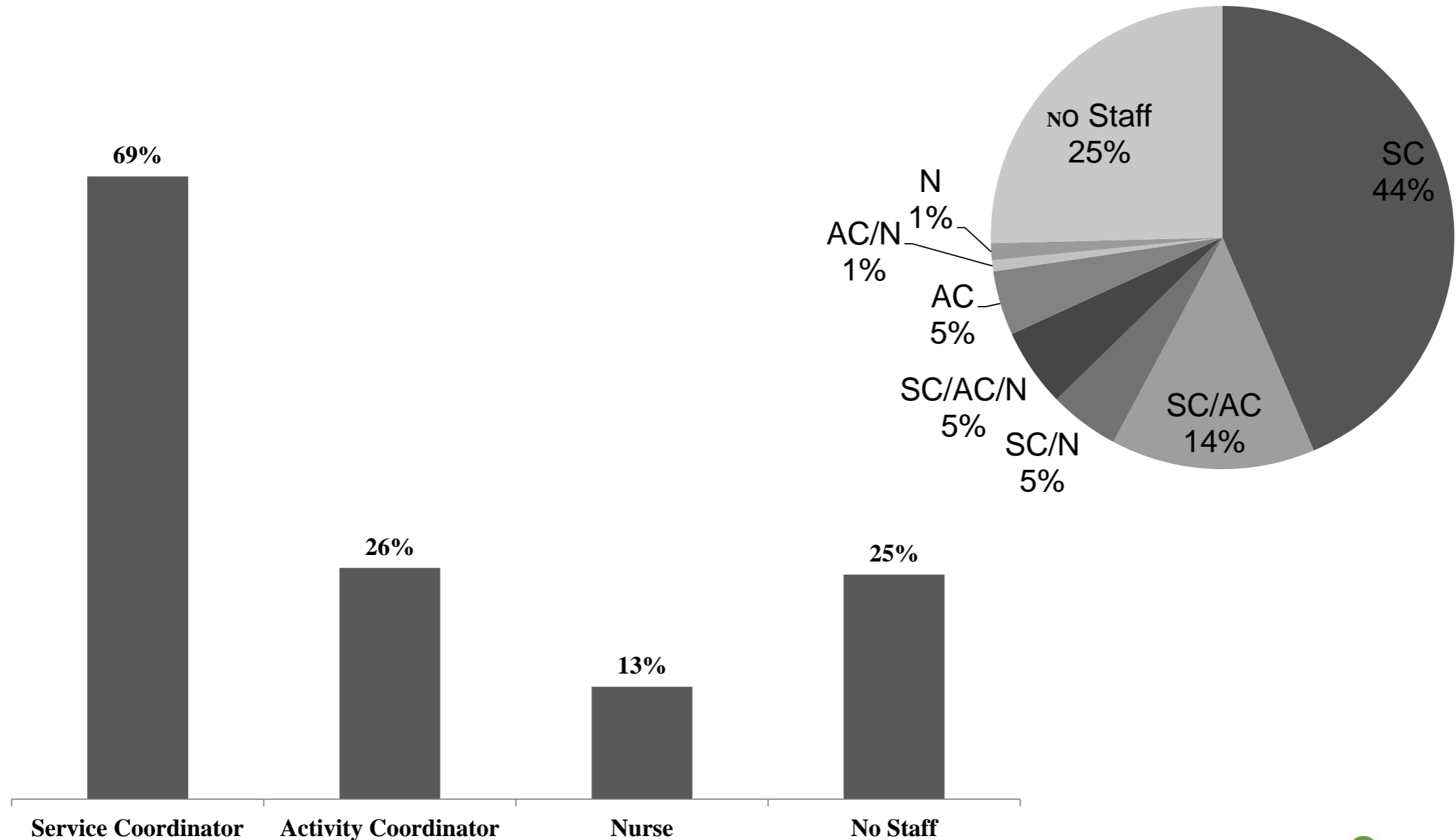


Source: *A Picture of Housing & Health*, found at <http://aspe.hhs.gov/daltcp/reports/2014/HUDpic.pdf>

# FFS MMEs 65+ with Chronic Conditions, 2008



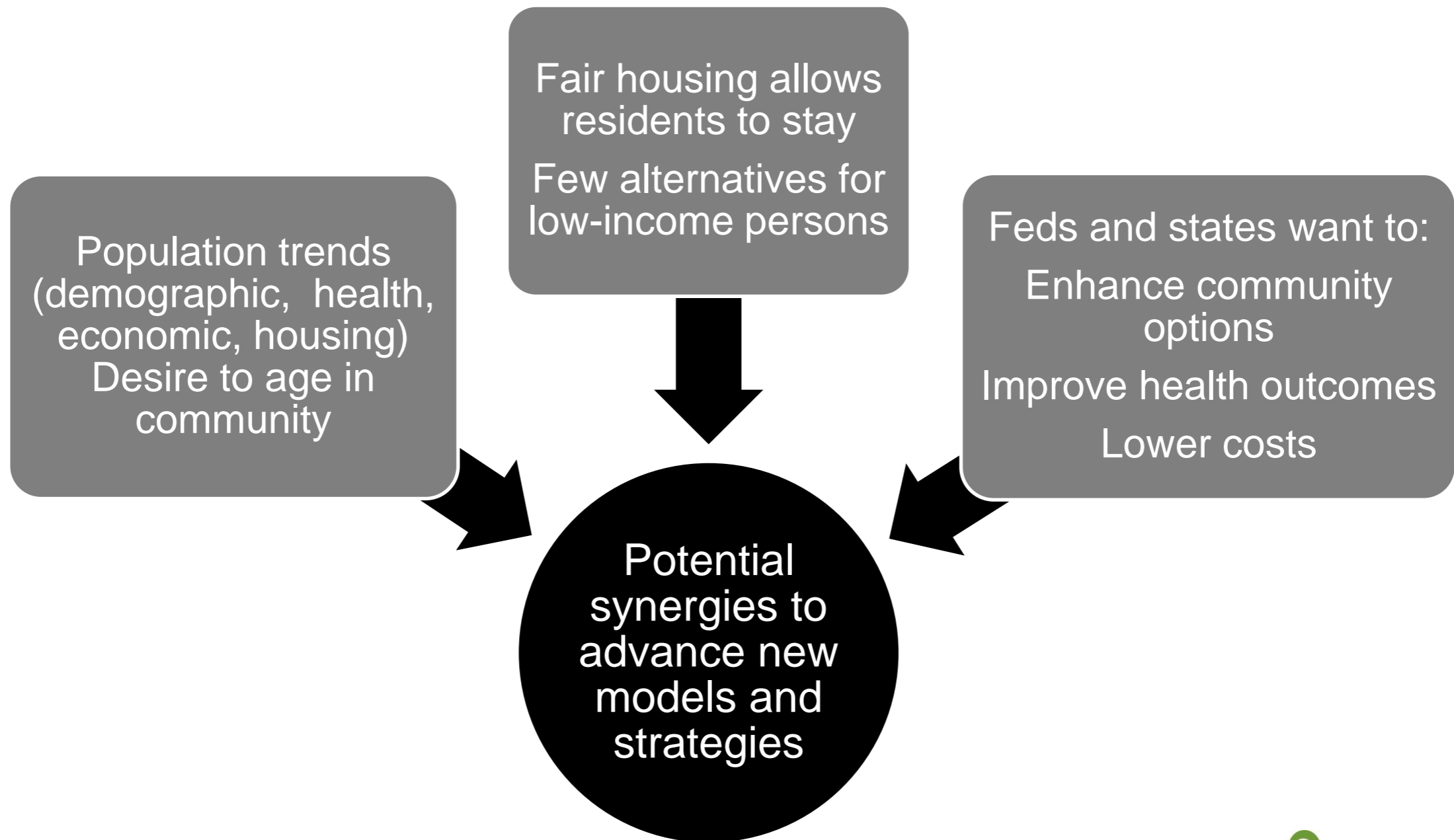
# Services Staff in Affordable Senior Housing, 2008







# Bringing It All Together





# Housing and Healthcare Partnerships Toolkit

- **Guide: “Housing & Health Care: Partners in Healthy Aging”**
  - **Understanding health care reform and population health management**
  - **Benefits of a housing and health partnership**
  - **Health care challenges that housing can help address**
  - **How housing and health entities can collaborate**
  - **Identifying and cultivating a partner**
  - **Structuring the partnership**



# Housing and Healthcare Partnerships Toolkit

- **Return on Investment Calculator**
- **Videos**
  - **How housing can help healthcare**
  - **Healthcare providers on the value of housing**
  - **Why housing should be interested**
- **Other Resource materials**

[www.LeadingAge.org/housinghealth](http://www.LeadingAge.org/housinghealth)



# Limits of Current Affordable Options

**Extremely limited stock – HUD cutting programs**

**Few resources for services**

**Huge waiting lists**

**ACA chaos difficult to navigate**



# **New \$15 m HUD Senior Housing Plus Services Demonstration**

- **RCT—40 treatment and 40 control sites**
- **Site selection and program starts in November**
- **Requires service coordinator/wellness nurse team partnering with local health care providers**
- **Standardized assessment, data collection and reporting**
- **Substantial TA over 4 years and national evaluation**



**“The more sand has escaped  
from the hourglass of our life,  
the clearer we should see  
through it.”**