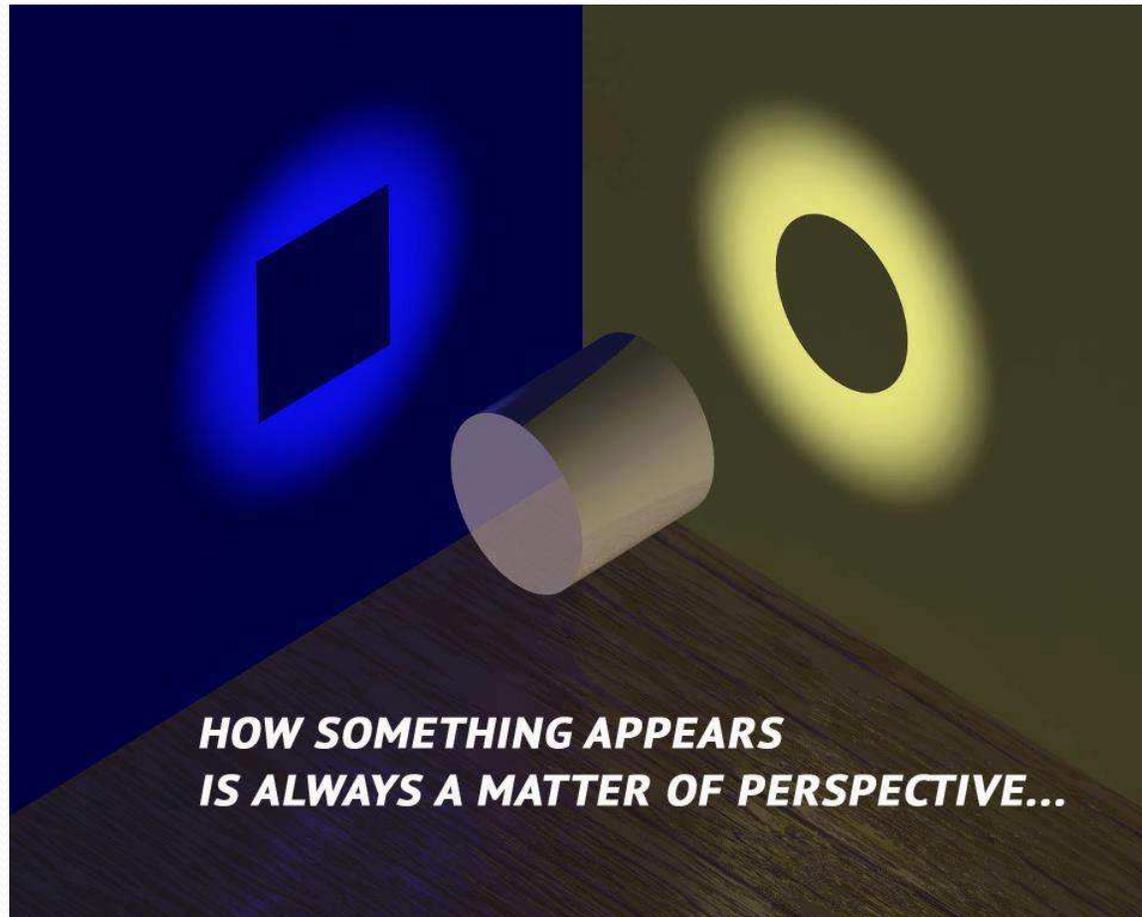


# Positive Youth Development

(and other stuff you need to know!)

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# Context is Everything...



# Harm Reduction





# Harm Reduction

- **Harm reduction is a set of practical strategies and ideas aimed at reducing negative consequences associated with risky behaviors.**
- **Harm Reduction is also a movement for social justice built on a belief in, and respect for, the rights of people who engage in risky behaviors.**



# Trauma Informed Care

Trauma Informed Care is an organizational structure and treatment framework that involves understanding, recognizing, and responding to the effects of all types of trauma.



# Trauma Informed Care

## Key Concepts:

- ***Safety***: Ensuring physical and emotional safety
- ***Trustworthiness***: Maximizing trustworthiness, making tasks clear, and maintaining appropriate boundaries
- ***Choice***: Prioritizing consumer choice and control
- ***Collaboration***: Maximizing collaboration and sharing of power with consumers
- ***Empowerment***: Prioritizing consumer empowerment and skill-building



# Trauma Informed Care

- Trauma affects the individual, families, and communities by *disrupting healthy development, adversely affecting relationships*, and contributing to mental health issues including substance abuse, domestic violence, and child abuse.



# Trauma Informed Care

- Becoming “trauma-informed” means recognizing that people often have many different types of trauma in their lives.
- People who have been traumatized need *support and understanding* from those around them.
- **Often, trauma survivors can be re-traumatized by well-meaning caregivers and community service providers.**

# Trauma Informed Care vs. Trauma Specific Treatment

## TIC

- Agency-wide
- No need to be mental health provider
- Service delivery type
- Environment

## TST

- Program specific
- “Healing from Trauma”  
i.e. mental health treatment
- Specific evidence-based interventions  
(Sanctuary Model, Risking Connection)



# Positive Youth Development

- refers to *intentional efforts* of other youth, adults, communities, government agencies, and schools to provide opportunities for youth to enhance their interests, skills, and abilities.
- differs from other approaches to youth in that it rejects an emphasis on trying to correct what is "wrong" with children's behavior or development.



# Positive Youth Development

Positive Experiences +  
Positive Relationships +  
Positive Environments =  
**Positive Youth Development**

# Positive Youth Development

## The 5 C's of Youth Development

Competence	Positive view of ones actions in specific areas such as school, social, cognitive, or family.
Confidence	A positive internal sense of self worth and ability.
Connection	Positive bonds with people and institutions where a multidirectional exchange in both directions is present.
Character	Possession of standard for correct behavior, a sense of morality, and integrity.
Caring	A sense of empathy and sympathy for others.

# Positive Youth Development

## **Positive Youth Development**

<b>Traditional Youth Services</b>	<b>Positive Youth Development</b>
Focus on problems	Focus on positive outcomes
Deficit-based	Strengths-based
Reactive	Pro-active
Targeted Youth	All Youth involvement
Youth as recipients	Youth as active participants
Programs	Community response
Professional providers	Community members



# Reference Material

- TIC & TST: <http://alamedacountytraumainformedcare.org/trauma-informed-care/trauma-informed-care-vs-trauma-specific-treatment-2/>
- TIC: <http://www.traumainformedcareproject.org/>
- PYD: <http://www.acf.hhs.gov/programs/fysb/positive-youth-development>
- PYD: [https://en.wikipedia.org/wiki/Positive\\_Youth\\_Development](https://en.wikipedia.org/wiki/Positive_Youth_Development)
- HR: <http://harmreduction.org/>
- TIC Supervision Modules by Hollywood Homeless Youth Partnership : [http://hhyp.org/wp-content/uploads/2012/02/HHYP\\_Supervision%20Guide.pdf](http://hhyp.org/wp-content/uploads/2012/02/HHYP_Supervision%20Guide.pdf)



# Thank You!

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