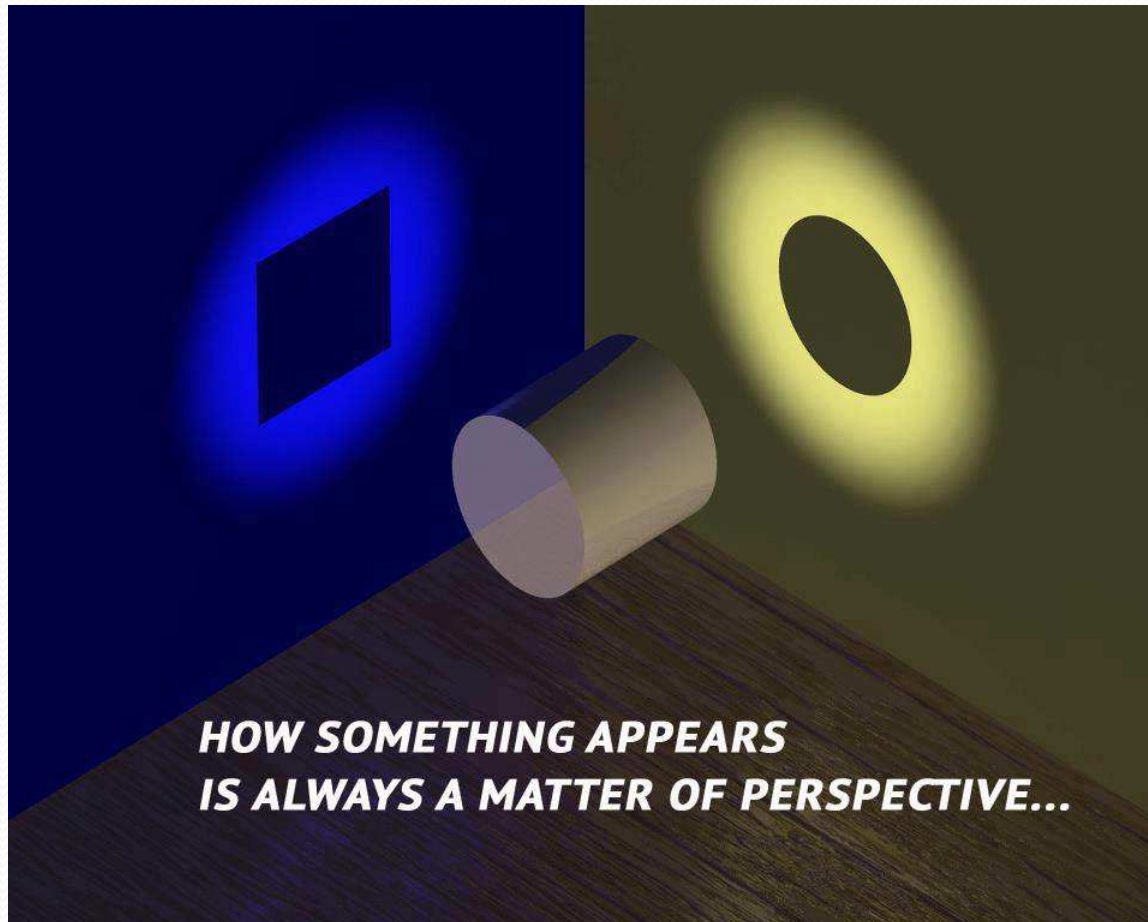


Positive Youth Development

(and other stuff you need to know!)

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Context is Everything...



Harm Reduction





Harm Reduction

- **Harm reduction is a set of practical strategies and ideas aimed at reducing negative consequences associated with risky behaviors.**
- **Harm Reduction is also a movement for social justice built on a belief in, and respect for, the rights of people who engage in risky behaviors.**



Trauma Informed Care

Trauma Informed Care is an organizational structure and treatment framework that involves understanding, recognizing, and responding to the effects of all types of trauma.



Trauma Informed Care

Key Concepts:

- ***Safety***: Ensuring physical and emotional safety
- ***Trustworthiness***: Maximizing trustworthiness, making tasks clear, and maintaining appropriate boundaries
- ***Choice***: Prioritizing consumer choice and control
- ***Collaboration***: Maximizing collaboration and sharing of power with consumers
- ***Empowerment***: Prioritizing consumer empowerment and skill-building



Trauma Informed Care

- Trauma affects the individual, families, and communities by *disrupting healthy development, adversely affecting relationships*, and contributing to mental health issues including substance abuse, domestic violence, and child abuse.



Trauma Informed Care

- Becoming “trauma-informed” means recognizing that people often have many different types of trauma in their lives.
- People who have been traumatized need *support and understanding* from those around them.
- **Often, trauma survivors can be re-traumatized by well-meaning caregivers and community service providers.**

Trauma Informed Care vs. Trauma Specific Treatment

TIC

- Agency-wide
- No need to be mental health provider
- Service delivery type
- Environment

TST

- Program specific
- “Healing from Trauma”
i.e. mental health treatment
- Specific evidence-based interventions
(Sanctuary Model, Risking Connection)



Positive Youth Development

- refers to *intentional efforts* of other youth, adults, communities, government agencies, and schools to provide opportunities for youth to enhance their interests, skills, and abilities.
- differs from other approaches to youth in that it rejects an emphasis on trying to correct what is "wrong" with children's behavior or development.



Positive Youth Development

Positive Experiences +
Positive Relationships +
Positive Environments =
Positive Youth Development

Positive Youth Development

The 5 C's of Youth Development

Competence	Positive view of ones actions in specific areas such as school, social, cognitive, or family.
Confidence	A positive internal sense of self worth and ability.
Connection	Positive bonds with people and institutions where a multidirectional exchange in both directions is present.
Character	Possession of standard for correct behavior, a sense of morality, and integrity.
Caring	A sense of empathy and sympathy for others.

Positive Youth Development

Positive Youth Development

Traditional Youth Services	Positive Youth Development
Focus on problems	Focus on positive outcomes
Deficit-based	Strengths-based
Reactive	Pro-active
Targeted Youth	All Youth involvement
Youth as recipients	Youth as active participants
Programs	Community response
Professional providers	Community members



Reference Material

- TIC & TST: <http://alamedacountytraumainformedcare.org/trauma-informed-care/trauma-informed-care-vs-trauma-specific-treatment-2/>
- TIC: <http://www.traumainformedcareproject.org/>
- PYD: <http://www.acf.hhs.gov/programs/fysb/positive-youth-development>
- PYD: https://en.wikipedia.org/wiki/Positive_Youth_Development
- HR: <http://harmreduction.org/>
- TIC Supervision Modules by Hollywood Homeless Youth Partnership : http://hhyp.org/wp-content/uploads/2012/02/HHYP_Supervision%20Guide.pdf



Thank You!

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