

Downtown Women's Center

PSH & AGING IN PLACE

We envision a Los Angeles with #EveryWomanHoused. **Join us.**



Permanent Supportive Housing

- Permanent Supportive Housing (PSH) is an Evidence Based model that combines low-barrier affordable housing, health care, and supportive services to help individuals and families lead more stable lives.
- PSH typically targets people who:
 - experience homelessness
 - housing instability
 - experience multiple barriers to housing
 - and are unable to maintain housing stability without supportive services.
- Improves community integration and quality of life



HOUSING FIRST MODEL

Housing First



ICMS : INTENSIVE CASE MANAGEMENT SERVICES

- Client centered
- Team based
- Individual- Holistic approach
- The goal of which is to help clients maintain their housing and achieve an optimum quality of life through developing plans, Enhancing life skills, addressing health and mental health needs, engaging in meaningful activities and building social and community relations through case management and individual wellness plan.



AGING IN PLACE



"One's ability to live in their own home and community safely, independently, and comfortably, regardless of age, income, or ability level."

(U.S. Centers for Disease Control and Prevention)



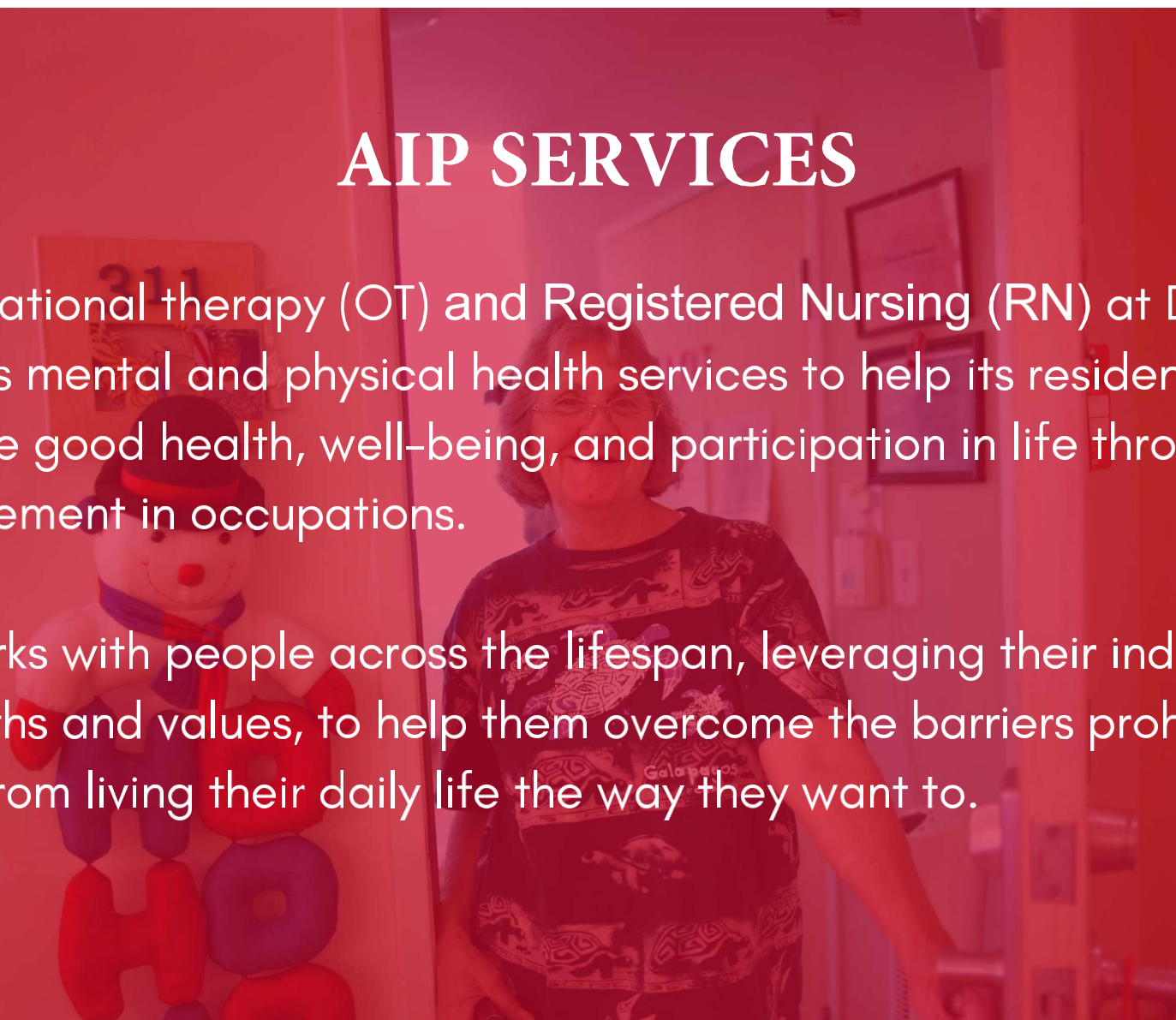
AGING IN PLACE

Through our Aging in Place Program, DWC takes a holistic approach to senior wellbeing, providing permanent housing, access to healthcare, and food security. Occupational therapists and nurses work with older residents to ensure they are connected with the healthcare, in-home supportive services, and housing accommodations they need to live independently and remain in their home as they age.

AIP SERVICES

Occupational therapy (OT) and Registered Nursing (RN) at DWC bridges mental and physical health services to help its residents achieve good health, well-being, and participation in life through engagement in occupations.

OT works with people across the lifespan, leveraging their individual strengths and values, to help them overcome the barriers prohibiting them from living their daily life the way they want to.



WE DO THIS THROUGH:

A background image showing a woman in a yellow vest, likely a professional, engaged in a conversation with two women seated at a table. The woman in the vest is gesturing with her hands while speaking. The two women are listening attentively; one is holding a smartphone. The setting appears to be an office or a community center with shelves in the background. A red horizontal line is positioned below the title, and a red vertical ellipsis is on the right side of the slide.

- - Occupational Therapist (OT)
 - Registered Nurse (RN)
- - DWC-AIP Assessments
 - independence and fall risk
 - Environmental Assessment
 - safety and modifications
- - Education
 - Fall Prevention
 - Health & Medication Management
 - chronic disease management, medication management
 - Leisure Exploration
 - improving participation in or finding new leisure activities
- - Tech Literacy/Safety
 - training on how to use computers and smartphones, and education on how to avoid scams

INTERNSHIP PROGRAM

WOMEN'S HOMELESSNESS AT A GLANCE:

- 223,578 nationwide
- 20,671 LA County
- 13,330 LA City

- OT's presence in PSH is growing, especially in Los Angeles, but it is still considered to be a "non-traditional" setting.
- OT students from USC and West Coast University
- Curriculum: Harm Reduction, Trauma-Informed Care, Motivational Interviewing, Clinical Observation



PROFESIONAL DEVELOPMENT

- Fall Prevention Training
- Financial Literacy Training
- Matter of Balance Train the Trainer
- Sleep Hygiene
- Guiding Older Adults to Avoid Online Scams
- Hearing Loss and Dementia

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THANK YOU

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